

JENNA M. PREY, M.A., LPC
Professional Counselor
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State Mandatory Disclosure Information

Effective July 1, 1988, the State of Colorado requires that all psychotherapists and mental health counselors provide their clients with the following information:

1. I am a Licensed Professional Counselor. Should you have any questions about my training or professional background that is not answered below, please feel free to bring them to my attention.
2. Training and Degrees: In 2001, I received my Bachelor of Arts from University of Colorado in Psychology. I then earned my Masters in Counseling from Colorado Christian University in 2007.
3. For the duration of our sessions, I will be participating in consultation groups where I may share some of what we talk about in our sessions, though I will never, under any condition, use any names. Your name will be strictly unknown to any other professional counselor I discuss with and your case will only be discussed when I see it being to your benefit.
4. The Colorado Department of Regulatory Agencies has the general responsibility of regulating the practice of licensed psychologists, licensed clinical social workers, licensed professional counselors, and unlicensed individuals who practice psychotherapy.

The agency within the Department that has responsibility specifically for licensed and unlicensed psychotherapists is the:

Department of Regulatory Agencies
Mental Health Section
1560 Broadway, Suite #1340
Denver, CO 80202
(303) 894 – 7766

5. You are entitled to receive information about the method of therapy, the techniques used, the duration of therapy (when possible), and the fee structure. Please ask if you would like to receive any of this information. I use an approach to counseling which takes into account spiritual, psychological, and biological dimensions of the client.

6. You may seek a second opinion from another therapist or terminate therapy at any time.
7. In a professional relationship, sexual intimacy between a therapist and a client is never appropriate. If sexual intimacy occurs, it should be reported to the State Grievance Board.
8. Generally speaking, the information provided and to a client during therapy sessions is legally confidential if the therapist is a licensed marriage and family therapist, a licensed social worker, a licensed professional counselor, a licensed psychologist, or an unlicensed psychotherapist practicing under the supervision of a licensed psychotherapist. If the information is legally confidential, the therapist cannot be forced to disclose the information without the client's consent.

Disclosed information is privileged communication and cannot be disclosed in any court of competent jurisdiction in the State of Colorado without the consent of the person to whom the testimony sought relates.

9. There are exceptions to the general rule of legal confidentiality. These exceptions are listed in the Colorado statutes (C.R.S. 12-43-218). You should be aware that provisions concerning disclosure of confidential communications shall not apply to any delinquency or criminal proceedings, except as provided in section 13-90-107 C.R.S. There are exceptions that I will identify to you as the situations arise during therapy.
10. If you have any questions or would like additional information, please feel free to ask.

I have read and understand (or have asked for clarification) the information presented in this form.

Client _____ Date _____.

Therapist _____ Date _____.